

## Toronto Finalized Workshop Outline and Schedule v. 05.05.2024

Content		Minutes	Process	Learning Objectives
<b>Thursday</b>				
Workshop Overview		30	Lecture	11-17, 63-68
Demonstration, Discussion		30	Discussion	22, 23, 26-28, 39
Evolution, Definitions, Concepts		50	Lecture	1-11, 13-18
Staring spells		15	Experiential learning	50, 51, 53, 55
Q&A		20	Discussion	
	<b>Total</b>	<b>145</b>	<b>2:20</b>	
<b>Friday</b>				
Hypnotic Conversations: skills, perspectives, and structure		40	Lecture	6-11, 17, 22-28
Basic skills		30	Lecture, demonstration	25, 26
Intro. to experiential learning		10	Lecture, demonstration	63-68
Basic skills		60	Experiential learning	25, 26, 63-68
Discussion of experiential learning		20	Discussion	
Q&A		20	Discussion	
Hypnotic Conversations: Structure & Orienting Principles		50	Lecture	6-8, 10, 27-29
Principle Orientation Exercise		30	Lecture, demonstration	27, 28
Principle Orientation Exercise		70	Experiential learning	27, 28, 63-68
Discussion of experiential learning		15	Discussion	
Q&A		20	Discussion	
	<b>Total</b>	<b>365</b>	<b>6:05</b>	
<b>Saturday</b>				
Disrupting Embodied Representational Systems		50	Lecture	1, 9, 31, 35, 38-41
Changing How It Works		40	Lecture, demonstration	38-41
Changing How It Works		60	Experiential learning	38-41
Discussion of experiential learning		15	Discussion	
Q&A		20	Discussion	
Strategic approaches		50	Lecture	16-18, 22-35, 38-41
Person-based role-playing		60	Experiential learning, discussion	16-18, 22-35, 38-41
Q&A		20	Discussion	
Take-out: changing self-hypnosis		40	Lecture, demonstration	37, 38, 43
Closing remarks, Q&A		20	Discussion	
	<b>Total</b>	<b>375</b>	<b>6:15</b>	
<b>Time</b>	<b>Total 14:45</b>	<b>Lecture 7:10</b>	<b>Experiential learning 4:15</b>	<b>Discussion 2:15</b>