

April 28, 2020

CSCH-OD Update

Canadian Society of Clinical Hypnosis –
Ontario Division

Special Covid-19 Education Programs...

Friday, May 8, 2020

Hypnosis and Covid-19!

Given the profound changes in how we work and live during this pandemic, now is a good time to hone your hypnosis skills with some online learning opportunities.

While it is regrettable that this year's Advanced Workshop has been cancelled, it is important to all of us at CSCH-OD that our members and their families remain healthy during these unprecedented times.

We are looking forward to welcoming Dr. Mark Weisberg to our June, 2021 Advanced Workshop.

In the meantime, consider attending some of the online options listed below:

Society for Clinical and Experimental Hypnosis (SCEH)

SCEH is offering a variety of upcoming webinars which are topical given the current Covid-19 pandemic. In particular, their "Coping with Covid-19: Special Public Service Webinar" is now available for viewing. There are many upcoming webinars spaced throughout the coming year.

<https://www.sceh.us/webinars>

Coming May 7, 12:00 ET through SCEH: Dr. Linda Thomson and "Pediatric Hypnosis"

Dr. Thomson has authored the book "Harry the Hypno-potamus: Metaphorical Tales for the Treatment of Children" (Volume 1 and 2) along with a charming card deck titled "Harry the Hypno-potamus Imagination Cards".

American Society of Clinical Hypnosis (ASCH)

From the ASCH site regarding COVID-19:

"Today as we experience a pandemic of unprecedented scale, clinicians who are skilled in hypnosis possess a powerful tool to help people calm their COVID-19 fears, build resilience, increase their compassion and support for others, and manage themselves responsibly in the face of risk and uncertainty. Also, they can use hypnosis to help people disrupt habits that might inadvertently spread the coronavirus and adopt safer, more protective behaviours instead". They have put together a 'compendium' of suggestions, metaphors, stories, and links for you to review. <https://www.asch.net/Professionals/COVID.aspx>

IMPORTANT TO REMEMBER:

One of the benefits of your CSCH-OD membership is inclusion on the ASCH Listserv simply by registering online. There are lively discussions among members which include some of the well-known researchers and leaders in the field of hypnosis. To sign up, simply go to ASCH and register for the Listserv using your CSCH-OD membership number.

<https://www.asch.net/Professionals/HypnosisListserv/Introduction.aspx>

We hope you enjoy these opportunities for continued growth and professional development!

Sincerely,

The Education Committee of CSCH-OD